1. INTRODUCTION TO SOCIAL SKILLS (1 day)
Alex offers practical 1 day courses on social skills which are popular as inset days for schools or introduction days for parents or professionals.

2. DEVELOPING SOCIAL SKILLS (2 or 3 days)
Alex runs 2 or 3 day courses on developing social skills, self esteem and friendship skills. She covers assessment and planning where to start; different strategies for intervention including running groups and writing stories; and evaluating effectiveness. The 3 day course includes sections on developing self esteem and friendship skills and also more on using data to measure the effectiveness of your work.

3. ADVANCED SOCIAL SKILLS (1 or 2 days)
Alex offers additional training to people who have attended her 2 day course. This includes: embedding social skills into your setting; using your data to analyze effectiveness; and extending your knowledge of intervention strategies and the rules of social communication.

4. CENTRE OF EXCELLENCE APPROACH (4—5 days in total)
Alex can help you to become a centre of excellence in developing social skills by providing you with on-site training and support over 12 months. To date, Alex has supported 8 schools across the UK to become centres of excellence.

5. BODY LANGUAGE - mastering the art of nonverbal communication
Alex has recently started running a 1 day course on the art of body language. This is a fascinating subject and will have a huge impact of your ability to interact successfully with others and will help you to teach social skills effectively.

6. WORKSHOPS & LECTURES
Alex is also available to run shorter sessions on any of the above topics.

High quality, practical and engaging

Social Skills Training
available from Alex Kelly Ltd
A bit about Alex Kelly

Alex is a speech and language therapist with 30 years’ experience of working with people with social skills difficulties. She is the author of the best-selling TALKABOUT resources and she lectures around the world.

She spent 23 years working in the NHS and left to run her own business, Alex Kelly Ltd. Her company provides training and consultancy work in communication and social skills and speech and language therapy into over 34 local schools.

She also has set up a new service in the UK called ‘Speaking Space’. Speaking Space is a Day Service for adults with a learning disability (intellectual disability) or autism that focuses on communication. It has been open since 2011 and is run by a team of speech & language therapists and communication support workers. It is the first of its kind in the UK – a centre of excellence in communication for people with a learning disability and autism.

What others say

‘All in all, Alex, what a wonderful world for kids it would be if your social skills programme were in all schools across the continents’ Catherine Varapodio Longley, Parent, Melbourne, 2013

‘The best inset day I have been on since becoming a teacher’ David Arnott, Teacher, Hampshire 2014

‘Fantastic, engaging and inspirational. I could see ideas I could use across the curriculum’ A Dunford, Portsmouth 2013

‘Alex is a vibrant, energetic presenter who had me enthralled. She is incredibly generous with her ideas and suggestions. Thanks!’ Jenni Pearce, Clinical Psychologist, Sydney 2013

‘This training was terrific. I feel motivated, empowered and confident. I can’t wait to get my hands on those groups’ Karen Ghazi-Torbati, Cardiff, 2013

The costs

Alex will quote you individually for the work but to give you an idea of costs, she will typically charge from £600 - £1,000 per day + VAT and expenses depending on the type of work and location.

Please contact Alex for more information

e-mail Alex on alex@alexkelly.biz

or telephone 02380 987134 or 07816 225030