

WE CAN HELP INFANTS & CHILDREN WITH...

- Difficulties with breastfeeding or bottle feeding
- Sucking, swallowing or breathing difficulties during feeding
- Coughing, choking or gagging on fluid or food
- Poor endurance & fatigue
- Difficulty transitioning to solids, lumps or finger foods
- Chewing, swallowing or oral motor problems
- Fussy, picky, anxious or selective eating
- Feed refusal or distress with feeding
- Oral aversions or feeding aversions
- Tube feeding, tube dependency, tube weaning
- Stressful mealtimes & mealtime battles
- Behaviour related feeding difficulties
- Feeding issues secondary to more complex diagnosis (Down Syndrome, Cerebral Palsy, Cleft Palate)

*tailoring therapy for
each child's needs*



FEEDING & MEALTIME SERVICES

making a difference... one word at a time.

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OUR FEEDING & MEALTIME CLINIC COULD HELP YOUR CHILD ...

- Eat & drink safely
- Learn to have positive experiences with food.
- Learn mealtime routines.
- Decrease resistance to touching, tasting and swallowing food.
- Increase range of foods the child will try.
- Increase amount of food ingested.
- Create home feeding program.
- Understand the use of positive and negative reinforcement.
- Have less stressful and more enjoyable mealtime and feeding experiences for the whole family.



WHAT MIGHT HAPPEN IN THE FEEDING CLINIC?

Our Speech Pathologists will ...

- Send you a questionnaire to complete and bring with you on the day of the assessment.
- Gather a full history about your child including the birth and any associated problems, medical history and history of feeding issues.
- Complete a growth assessment and developmental milestone check. It is helpful if you bring your child's red or blue Health Book.
- Take a family history - particularly of allergies as children of allergic parents can be more prone to allergies.
- Find out about your household routines - so we can help your child fit in with your family!
- Find out the child's current feeding patterns.
- Observe your child feeding. This may include observations of breast and/or bottle feeding as well as observations of how the child eats and drinks foods you have brought from home. Foods can be familiar and preferred as well as some non-preferred or more challenging foods.

Our Speech Pathologists can help ...

- Develop strategies to promote good feeding and eating patterns.
- Teach you how to deal with problematic feeding situations.
- Support for parenting strategies at meal times.
- Referral, if necessary, to other specialists (e.g. Paediatrician, Psychologist, Occupational therapist or Dietitian)

helping children and their families

